

# YOUR PRACTICE NOTEBOOK

Please have a special piano looseleaf notebook for each student. In this book keep record by using of your weekly **Practice Charts**:

- A. **DAILY PRACTICE** including total number of minutes practiced each day and the minutes in each area.
  
- B. A **SELF EVALUATION** by the student of their effort at each practice
  - 1- not much effort, contentious attitude
  - 2- modest effort, poor attitude
  - 3- completed most everything on list, good attitude
  - 4- completed everything, positive attitude
  - 5- completed everything, put heart into work
  
- C. **GOALS for the YEAR**

Post PURPOSE, GOAL, & MAIN POINT on the front cover of your notebook.  
Read Aloud PURPOSE, GOAL & MAIN POINT each day before practice.

1. Purpose: “What I truly want to accomplish through Suzuki lessons is....”  
Purpose answers the “why” and is the foundation for lessons.
  
2. Goals: “The piece I really love and want to play by Spring Recital is.....”  
My dream. Goals may be a vision of a Repertoire piece.  
It may also be “To play with more expression” or  
“To become a good practicer” etc.
  
3. Main point (Steps to accomplish the purpose or goal.)
  - a. A technical improvement that will facilitate this reach.  
Ex: “By using my arm weight over each finger I will improve the beauty of my tone.”
  
  - b. A practice routine change that will assist me in reaching my goal.  
Ex. “Practicing an additional 15 minutes per day will allow me to stretch forward and reach my repertoire goal.”  
(Other examples: 7 days practice, morning/evening practice, listening 2 hours daily, etc.)

Please bring this notebook with the current year’s practice charts to each lesson.

Place your completed **Practice Chart** on the music rack immediately before the bow.